



- ✓ Source of Fibre
- **✓** Source of Protein
- ✓ Source of Folate
- ✓ Source of Iron





Wholesome Seeds



Supports Immune System



Supports Metabolism

The original & still the best MULTISEED

ation for more than 13 years

ate is packed with wholesome goodness, making it re and renowned for its excellent fresh-keeping customers come back again and again.

ed offers so much more? It's time to unlock the suse eating healthily has become a higher priority cent months and coupled with the 20% of adults a can support their immune system, Multiseed nd nutrition claims.

hich remains the same today as it did in 2007, can ust bread. Produce rolls, baguettes, scones, hot fer your customers seasonal variety (Note: ecessarily qualify for stated claims).

e ingredients are in Multiseed?

seeds delivers a pleasant nutty taste, coupled with ked with an appealing coarse open texture, redibly versatile lunchtime carrier.







at Bran

Oat Flakes

or me?





Supports

Supports

Scan for a full list of nutrients and qualifying claims:







Suitable for Vegans/ Vegetarians



	Pack Size	Code
ead Concentrate	16kg	394720

Qualifying recipes for nutrition/health claims:

Bread Recipe

Wheat flour	5.000kg	50%
Country Oven Multiseed Bread Concentrate	5.000kg	50%
Yeast	0.250kg	2.5%
Water	5.000kg	50%
Total	15.250kg	



Method

- 1. Spiral mixer: 2 minutes slow speed, 5 minutes fast speed, until fully developed.
- 2. Dough temperature: 24-26°C.
- 3. Scale: 485/900g.
- 4. Prove: 50 minutes.
- 5. Bake: 220°C for 35 minutes.

Yield: 31 small / 17 large loaves

Roll Recipe

Wheat flour	5.000kg	50%
Country Oven Multiseed Bread Concentrate	5.000kg	50%
Yeast	0.250kg	2.5%
Water	5.000kg	43%
Total	15.250kg	



Method

- 1. Spiral mixer: 3 minutes slow speed, 7 minutes fast speed, until fully developed.
- 2. Dough temperature: 24-26°C.
- 3. **Scale:** 90g.
- 4. Prove: 50 minutes.
- 5. Bake: 230°C for 12 minutes (soft rolls: no steam, crusty rolls: with steam).

Yield: 169 rolls

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Buy one or more bags of Country Oven Multiseed Bread Concentrate 16kg



Request Free POS shelf wobblers and wobbler counter stand from Bakels or your local Bakels distributor



Bake and display

