







Ambient



CATEGORY

Bakery



OCCASION

BBQ



FINISHED PRODUCT

Hamburger Bun, Occasion Bread, Speciality Bun, World Bakery

SOURDOUGH BURGER BUNS RECIPE

INGREDIENTS

Group 1

Ingredient	KG	%
Wheat flour	10.000	100.00
Sugar	0.860	8.60
Shortening	0.400	4.00
Fermdor® S Classic	0.350	3.50
Yeast	0.350	3.50
Lecitem® 1000	0.200	2.00
Salt	0.200	2.00
Water	6.300	63.00

Total Weight: 18.660

Yield: 220 burger buns

METHOD

- 1. Add all ingredients into a spiral mixing bowl.
- 2. Mix for 4 minutes on slow speed and 7 minutes on fast speed.
- 3. Dough temperature should be 24-26°C.
- 4. Leave the dough to rest for 5 minutes at room temperature, covered with plastic.
- 5. Scale at 85g.
- 6. Pin to fit the burger pan.
- 7. Brush with egg and seeds as desired.





- 8. Prove for 50 minutes at 34 $^{\circ}\text{C},\,85\%$ relative humidity.
- 9. Bake at 230°C for 10-12 minutes (steam after 2 minutes).
- 10. Pull out damper after 6 minutes.