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# **DURUM WHEAT SOURDOUGH BREAD PIZZA BASE RECIPE**

### **OVERVIEW**

For a spin on a traditional pizza base, our durum wheat sourdough base bake will not only come out perfect every time, but it tastes exceptional. With a crispy exterior and soft, sour, interior, it is fast becoming a favourite of pizza lovers everywhere. Try our recipe today.

#### **INGREDIENTS**

| Group 1        |                      |        |
|----------------|----------------------|--------|
| Ingredient     | KG                   | %      |
| Wheat flour    | 10.000               | 100.00 |
| Durum semolina | 1.000                | 10.00  |
| Fermdor® Durum | 0.400                | 4.00   |
| Salt           | 0.200                | 2.00   |
| Lecitem® 1000  | 0.100                | 1.00   |
| Yeast          | 0.050                | 0.50   |
| Fermdor® Relax | 0.020                | 0.20   |
| Water          | 7.100                | 71.00  |
| Olive oil      | 0.300                | 3.00   |
|                | Total Weight: 19.170 |        |





**FINISHED PRODUCT** 

Crusty Bread, Flat Bread, Occasion Bread, Pizza



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#### METHOD

- 1. Add all ingredients (except olive oil) into a spiral mixing bowl.
- 2. Mix for 6-8 minutes on slow speed and 4-6 minutes on fast speed.
- 3. Add the olive oil and mix for 1 minute on slow speed.
- 4. Dough temperature should be 24-26°C.
- 5. Bulk for 30 minutes at a controlled temperature of 25-28°C, covered with plastic..
- 6. Scale at 200g and mould into round shape.
- 7. Prove for 15-18 hours at a controlled temperature of 5-8°C, covered with plastic.
- 8. Leave to rest for 1-2 hours at a controlled temperature of 25-28°C, covered with plastic.
- 9. Gently pin out and hand stretch to desired shape (1.5mm thick).
- 10. Place onto a peel and top the pizza with desired toppings.
- 11. Bake at 325°C for 3-4 minutes.