





Ambient



CATEGORY

Bakery



FINISHED PRODUCT

Crusty Bread, Occasion Bread, Speciality Bread, World Bakery

SEEDED BÂTARD WITH WHEAT SOURDOUGH

INGREDIENTS

Group 1

Ingredient	KG	%
Wheat flour	10.000	100.00
Fermdor® W Mild	0.300	3.00
Yeast	0.300	3.00
Lecitem® 1000	0.200	2.00
Salt	0.200	2.00
Water	7.300	73.00

Total Weight: 18.300

Yield: 36 loaves

METHOD





- 1. Add all ingredients into a spiral mixing bowl.
- 2. Mix for 7 minutes on slow speed and 5 minutes on fast speed, until fully developed.
- 3. Dough temperature should be 24-26°C.
- 4. Bulk for 60 minutes at a controlled temperature of 25-28°C, covered with plastic.
- 5. Scale at 500g, mould into Vienna shapes and dip into poppy/sesame seed mix (1:1).
- 6. Prove for 45-60 minutes at a controlled temperature of 25-28°C, covered with plastic.
- 7. Cut the top of the dough three times at a 45° angle.
- 8. Bake at 230°C, falling to 200°C for 45-50 minutes, with steam.
- 9. Pull out damper after 25 minutes.