





Ambient



**CATEGORY** 

Bakery



**FINISHED PRODUCT** 

Flat Bread, Occasion Bread, Speciality Bread, World Bakery

# ROSEMARY AND ROCK SALT FOCACCIA WITH SPELT SOURDOUGH

### **INGREDIENTS**

#### Group 1

Ingredient	KG	%
Wheat flour	10.000	100.00
Fermdor® S Germ	0.300	3.00
Yeast	0.300	3.00
Lecitem® 1000	0.200	2.00
Salt	0.200	2.00
Water	8.800	88.00
Olive oil	0.500	5.00
	Total Weight: 20.300	

Yield: 50 focaccia

#### **METHOD**

- 1. Add all ingredients (except olive oil) into a spiral mixing bowl.
- 2. Mix for 7-8 minutes on slow speed and 8-10 minutes on fast speed, until fully developed (add only 80% of the water at the beginning).
- 3. Add the olive oil and mix for 1 minute slow speed.
- 4. Dough temperature should be 26-28°C.
- 5. Bulk for 60-90 minutes at a controlled temperature of 25-28°C, covered with plastic.
- 6. Scale at 400g and mould into a round cob shape.
- 7. Prove for 45-60 minutes at a controlled temperature of 25-28°C, covered with plastic.



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- 8. Using a scraper, cut 4 even cuts through the centre of the loaf and sprinkle toppings such as rock salt.
- 9. Bake at 235°C, falling to 210°C for 25-30 minutes, with steam.
- 10. Pull out damper after 20 minutes.
- 11. Brush the top of the Focaccia with olive oil to finish.