





Ambient



CATEGORY

Bakery



Crusty Bread, Speciality Bread

OVERNIGHT ARTISAN BOULE

INGREDIENTS

Group 1

Ingredient	KG	%
Wheat flour	10.000	100.00
Country Oven® Artisan Bread 7% Concentrate	0.700	7.00
Yeast	0.250	2.50
Salt	0.180	1.80
Water	8.000	80.00
	Total Weight: 19.130	

Yield: 39 boules

METHOD





- 1. Add all ingredients into a spiral mixing bowl.
- 2. Mix for 5 minutes on slow speed and 8 minutes on fast speed, until fully developed.
- 3. Dough temperature should be 24-26°C.
- 4. Bulk for 60 minutes at room temperature, covered with plastic.
- 5. Scale at 485g and mould into boule shape.
- 6. Place into retarder overnight for approximately 12 hours.
- 7. Pull out of the retarder and leave to recover for approximately 30 minutes.
- 8. Cut and flour as desired.
- 9. Bake at 240°C for 30-35 minutes, with steam.