





Ambient



CATEGORY

Bakery



FINISHED PRODUCT

Crusty Bread, Occasion Bread, Speciality Bread

OAT & BARLEY ARTISAN BREAD

INGREDIENTS

Group 1

Ingredient	KG	%
Bread flour	5.000	50.00
Country Oven® Oat & Barley Bread	5.000	50.00
Concentrate	0.050	0.50
Yeast	0.250	2.50
Water	6.500	65.00
	Total Weight: 16.750	

Yield: 34 loaves

METHOD

- 1. Add all ingredients into a spiral mixing bowl.
- 2. Mix for 5 minutes on slow speed and 7 minutes on fast speed, until fully developed.
- 3. Dough temperature should be 24-26°C.
- 4. Bulk ferment for 60 minutes, in a covered container.
- 5. Scale at 485g for farmhouse loaf.
- 6. Gently mould into cobs and sticks.
- 7. Place onto flat tray or setter boards.
- 8. Dry prove for 55-65 minutes, covered with plastic.
- 9. Dust with flour and make cuts.
- 10. Bake at 230°C for 27 minutes, with steam.





11. Pull damper after 9 minutes.