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# **MULTISEED PIZZA BASE**

## INGREDIENTS

#### Group 1

Ingredient	KG	%
Bread flour	1.600	80.00
Country Oven® Multiseed Bread Concentrate	0.400	20.00
Yeast	0.050	2.50
Salt	0.012	0.60
Water	1.500	75.00
Olive oil	0.100	5.00
	Total Weight: 3.662	

Yield: 18 pizzas

## METHOD

- 1. Add all ingredients into a spiral mixing bowl.
- 2. Mix for 5 minutes on slow speed and 6 minutes on fast speed, until fully developed.
- 3. Dough temperature should be 24-26°C.
- 4. Rest for 5 minutes, covered with plastic.
- 5. Scale at 200g and mould into boule shape.
- 6. Place them on a tray covered with **Sprink**.
- 7. Leave to rest for 60-90 minutes at room temperature, covered with plastic.
- 8. Gently pin or hand stretch the dough.
- 9. Bake in a pizza oven at 360°C for 3 minutes, without steam.



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10. Finish the pizza base as desired.