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Multiseed, Rye Bread, Speciality Bread

MULTI-RYE

INGREDIENTS

Group 1

Ingredient	KG	%
Wheat flour	1.000	50.00
Country Oven® Rye Bread Concentrate	0.500	25.00
Country Oven® Multiseed Bread Concentrate	0.500	25.00
Yeast	0.060	3.00
Water	1.000	50.00
	Total Weight: 3.060	

Yield: 3 loaves

METHOD

1. Add all ingredients into a spiral mixing bowl and mix for 2 minutes on slow speed and 6 minutes on fast speed, until the dough is fully developed.

2. Dough temperature should be 23-26°C.

- 3. Leave to rest for 3 minutes.
- 4. Scale the dough at 950g and place into farmhouse loaf tins.
- 5. Leave to rest for a further 3 minutes.
- 6. Prove for 50 minutes at a controlled temperature of 36°C, 88% humidity.
- 7. Cut and flour as desired.
- 8. Bake at 230°C for 18-20 minutes, 6 seconds of steam.