





Ambient



CATEGORY

Bakery



FINISHED PRODUCT

Crusty Bread, Occasion Bread, Speciality Bread, World Bakery

CLASSIC FARMER BREAD

INGREDIENTS

Group 1

Ingredient	KG	%
Wheat flour	7.100	71.00
Rye flour (bright)	2.900	29.00
Skimmed milk powder	0.500	5.00
Yeast	0.350	3.50
Fermdor® S Germ	0.400	4.00
Lecitem® 1000	0.200	2.00
Salt	0.200	2.00
Butter	0.100	1.00
Water	7.200	72.00

Total Weight: 18.950

Yield: 86 loaves

METHOD

- 1. Add all ingredients into a spiral mixing bowl.
- 2. Mix for 5 minutes on slow speed and 5 minutes on fast speed, until fully developed.
- 3. Dough temperature should be 24-26°C.
- 4. Bulk for 60 minutes at a controlled temperature of 25-28°C, covered with plastic.
- 5. Scale at 220g, mould into round shape, dip into barley flakes and prove two dough pieces side-by-side.
- 6. Prove for 30-40 minutes at a controlled temperature of 25-28°C, 85% relative humidity.





- 7. Cut the top of the dough pieces one time.
- 8. Bake at 210-230°C for 35-40 minutes, with steam.
- 9. Pull out damper after 15 minutes.