





Ambient



CATEGORY

Bakery



FINISHED PRODUCT

Ciabatta, Crusty Bread, Occasion Bread

CIABATTA: FERMDOR® ACTIVE DURUM

INGREDIENTS

Group: Group 1

Ingredient	KG	%
Flour	10.000	100.00
Fermdor® Active Durum	0.400	4.00
Salt	0.200	2.00
Cold water	7.500	75.00
	Total Weight: 18.100	

Group: Group 2

Ingredient	KG	%
Olive oil	0.500	5.00
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Total Weight: 0.500

Yield: 132 Ciabatta

METHOD

- 1. Add group 1 ingredients into a spiral mixer.
- 2. Mix for 5 minutes on slow speed and 8 minutes on fast speed.
- 3. Add olive oil and mix for 1 minute on slow speed and 1 minute on fast speed.
- 4. Bulk for 45 minutes.
- 5. Scale at 140g ciabattas.





- 6. Prove for 60 minutes at 28°C, 75% humidity.
- 7. Bake at 240°C for 18 minutes with steam.