



DISPLAY CONDITIONS

Ambient



CATEGORY

Bakery



FINISHED PRODUCT

Doughnut

CHOCOLATE & PISTACHIO DOUGHNUT – VEGAN

YEAST CONC. RECIPE

INGREDIENTS

Group 1

Ingredient	KG	%
Wheat flour	10.000	100.00
<u>Yeast Doughnut Concentrate</u>	5.000	50.00
Yeast	0.600	6.00
Water	7.500	75.00
Total Weight: 23.100		

Yield: 462 doughnuts

METHOD

1. Add all ingredients into a spiral mixing bowl.
2. Mix for 3 minutes on slow speed and 7 minutes on fast speed, until fully developed.
3. Dough temperature should be 23-26°C.
4. Scale at 50g and place onto wire tray.
5. Retard overnight or place in fridge for 30+ minutes.
6. Remove from retarder and recover dough temperature.
7. Prove for 20-25 minutes at a controlled temperature of 38°C, 80% relative humidity.

- Dry prove for 25 minutes, covered with plastic (this stops the doughnuts wrinkling back).
- Fry at 190°C for 75-90 seconds each side.
- Fill with [RTU Chocolate Cream Filling](#) and top with [Rich Chocolate Fudgice](#).
- Finish with chopped pistachio pieces.

PASTE CONC. RECIPE

INGREDIENTS

Group 1

Ingredient	KG	%
Wheat flour	10.000	100.00
Doughnut Paste Concentrate	1.625	16.25
Yeast	0.400	4.00
Water	5.875	58.75
Total Weight: 17.900		

Yield: 358 doughnuts

METHOD

- Add all ingredients into a spiral mixing bowl.
- Mix for 3 minutes on slow speed and 7 minutes on fast speed, until fully developed.
- Dough temperature should be 23-26°C.
- Scale at 50g and place onto wire tray.
- Retard overnight or place in chill for 120+ minutes.
- Remove from retarder and recover dough temperature.
- Prove for 25-30 minutes at 38°C, 80% relative humidity.
- Dry prove for 25 minutes (this stops the doughnuts wrinkling back).
- Fry at 190°C for 90-100 seconds each side.
- Fill with [RTU Chocolate Cream Filling](#) and top with [Rich Chocolate Fudgice](#).
- Finish with chopped pistachio pieces.