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FINISHED PRODUCT

Doughnut

CHOCOLATE CREAM DOUGHNUT - VEGAN

YEAST CONC. RECIPE

INGREDIENTS

Group 1

Ingredient	KG	%
Wheat flour	10.000	100.00
Yeast Doughnut Concentrate	5.000	50.00
Yeast	0.600	6.00
Water	7.500	75.00
	Total Weight: 23.100	

Yield: 462 doughnuts

METHOD

- 1. Add all ingredients into a spiral mixing bowl.
- 2. Mix for 3 minutes on slow speed and 7 minutes on fast speed, until fully developed.
- 3. Dough temperature should be 23-26°C.
- 4. Scale at 50g and place onto wire tray.
- 5. Retard overnight or place in fridge for 30+ minutes.
- 6. Remove from retarder and recover dough temperature.
- 7. Prove for 20-25 minutes at a controlled temperature of 38°C, 80% relative humidity.



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- 8. Dry prove for 25 minutes, covered with plastic (this stops the doughnuts wrinkling back).
- 9. Fry at 190°C for 75-90 seconds each side.
- 10. Pipe RTU Chocolate Cream Filling into the centre.

PASTE CONC. RECIPE

INGREDIENTS

Group 1

Ingredient	KG	%
Wheat flour	10.000	100.00
Doughnut Paste Concentrate	1.625	16.25
Yeast	0.400	4.00
Water	5.875	58.75
	Total Weight: 17.900	

Yield: 358 doughnuts

METHOD

- 1. Add all ingredients into a spiral mixing bowl.
- 2. Mix for 3 minutes on slow speed and 7 minutes on fast speed, until fully developed.
- 3. Dough temperature should be 23-26°C.
- 4. Scale at 50g and place onto wire tray.
- 5. Retard overnight or place in chill for 120+ minutes.
- 6. Remove from retarder and recover dough temperature.
- 7. Prove for 25-30 minutes at 38°C, 80% relative humidity.
- 8. Dry prove for 25 minutes (this stops the doughnuts wrinkling back).
- 9. Fry at 190°C for 90-100 seconds each side.
- 10. Pipe RTU Chocolate Cream Filling into the centre.