





Ambient



**CATEGORY** 

Bakery



**FINISHED PRODUCT** 

Crusty Bread, Occasion Bread, Speciality Bread, World Bakery

## CHOCOLATE AND APRICOT LOAF WITH WHEAT SOURDOUGH

## **INGREDIENTS**

## Group 1

Ingredient	KG	%
Wheat flour	10.000	100.00
Fermdor® W Mild	0.300	3.00
Yeast	0.300	3.00
Lecitem® 1000	0.200	2.00
Salt	0.200	2.00
Water	7.300	73.00
Honey	0.500	5.00
Chocolate chips	1.500	15.00
Dried apricot (chopped)	1.500	15.00

Total Weight: 21.800

Yield: 43 loaves

## **METHOD**

- 1. Add all ingredients (except chocolate chips and dried apricots) into a spiral mixing bowl.
- 2. Mix for 7 minutes on slow speed and 5 minutes on fast speed, until fully developed.
- 3. Dough temperature should be 24-26°C.
- 4. Add the chocolate chips and dried apricots and mix for 1 minute on slow speed.
- 5. Bulk for 60 minutes at a controlled temperature of 25-28°C, covered with plastic.
- 6. Scale at 500g and mould into Vienna shapes.





- 7. Prove for 45-60 minutes at a controlled temperature of 25-28°C, covered with plastic.
- 8. Cut the top of the dough one time at a 45° angle.
- 9. Bake at 220°C, falling to 190°C for 25-30 minutes, with steam.
- 10. Pull out damper after 20 minutes.
- 11. Glaze with Bun Glaze RTU to finish.