





Ambient



**CATEGORY** 

Bakery



FINISHED PRODUCT

Baguette, Rye Bread

## RYE BAGUETTE RECIPE

## **INGREDIENTS**

## Group 1

Ingredient	KG	%
Wheat flour	1.000	50.00
Country Oven® Rye Bread Concentrate	1.000	50.00
Chia seeds	0.100	5.00
Yeast	0.060	3.00
Water	1.100	55.00

Total Weight: 3.260

Yield: 6 loaves

## **METHOD**

- 1. Add all ingredients into a spiral mixing bowl and mix for 2 minutes on slow speed and 6 minutes on fast speed, until the dough is fully developed.
- 2. Dough temperature should be 23-26°C.
- 3. Leave to rest for 3 minutes.
- 4. Scale the dough at 480g and mould into Bâtards.
- 5. Leave to rest for a further 3 minutes.
- 6. Prove for 50 minutes at a controlled temperature of 36°C, 88% humidity.
- 7. Lightly dust the top of the Bâtards with flour and make diagonal cuts.
- 8. Bake at 230°C for 18-20 minutes, 6 seconds of steam.