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Bakery



BEER BREAD WITH WHEAT SOURDOUGH

INGREDIENTS

Group 1		
Ingredient	KG	%
Wheat flour	10.000	100.00
Fermdor® W Classic	0.400	4.00
Yeast	0.300	3.00
Salt	0.200	2.00
Water	4.000	40.00
Beer	4.000	40.00
Total Weight: 18.900		
Group 2		
Ingredient	KG	%
Rye flour	2.500	25.00
Yeast	0.100	1.00
Beer	5.500	55.00

Total Weight: 8.100

Yield: 54 loaves

METHOD

1. Mix group 2 to form a paste and leave for 60 minutes.



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- 2. Mix group 1 for 5-7 minutes on slow speed and 5 minutes on fast speed, until fully developed.
- 3. Dough temperature should be 24-26°C.
- 4. Bulk for 60 minutes at a controlled temperature of 25-28°C, covered with plastic.
- 5. Scale at 500g, mould into a long shape and form a semi circle.
- 6. Brush beer paste onto the dough surface.
- 7. Dust the dough pieces with rye flour.
- 8. Prove for 45 minutes at a controlled temperature of 25-28°C, covered with plastic.
- 9. Bake at 220°C for 45 minutes, with steam.

10. Pull out damper after 20 minutes.