





Ambient



CATEGORY

Bakery



OCCASION

Breakfast



FINISHED PRODUCT

Cake

APPLE AND CIDER BANANA BREAD

INGREDIENTS

Group 1

Ingredient	KG	%
Banana Bread Mix	1.000	100.00
Flat cider	0.538	53.80
Rapeseed oil	0.090	9.00
Fresh apple	0.392	39.20
Sultanas	0.192	19.20
Mixed spice	0.010	0.10
Total Weight: 2.222		

Yield: 5 banana loaves

METHOD

- 1. Soak the sultanas in the cider.
- 2. Add all ingredients (except apple) into a bowl fitted with a beater.
- 3. Mix for 1 minute on low speed.
- 4. Scrape down.
- 5. Mix for 4 minutes on low speed.
- 6. Add the apple and mix for 30 seconds on low speed.
- 7. Scale at 400g into greased or paper lined loaf tins.
- 8. Bake at 160°C for 60 minutes.